William Street
PO Box 42
Bellingen NSW 2454
Email: Bellingen-p.school@det.nsw.edu.au
Principal: Graeme Ross
Website: www.bellingen-p.school.nsw.edu.au
Phone: 02 6655 1147
Fax: 02 6655 2615

Term 1 Week 3

Monday, February 10, 2014

Due to the implementation of a new system, direct deposits are NOT to be made into our school account. All accounts need to be paid over the school counter. Sorry for any inconvenience this may cause. Details will be given as soon as this issue has been rectified.

From the Principal

Dear Parents,

Everyone was probably a little tired after their first full week at school for the year. I know I was! It is wonderful to see happy Kindergarten students settling in beautifully assisted by their Year 6 Buddies and their teachers.

Congratulations to those students who were elected as Sporting House Captains last week. These students, along with our Student Leaders, will be inducted into their roles and receive their badges on Thursday at a Whole School Assembly. House Captains will be on the job on Tuesday when Years 2 – 6 participate in the annual Swimming Carnival. Maximum participation from all eligible students will help their house in the final point score.

Surveys

We are currently gathering information from the school community to complete our Annual School Report. Stage 2 students received a survey last week on School Culture. It would be greatly appreciated if you would complete it and return it to your child’s teacher or the office by Friday 14th February in order for the results to be collated. Stage 2 students and staff have also completed a School Culture survey. Together with parent comments this will inform future planning and direction for the school.

A note for the Parent Teacher Meetings which will be held on 26th February accompanies this newsletter. This will be an opportunity for you to share information about your child with their teacher. Class information letters will also be sent home on 21st February. Have a great week

Elizabeth Mulligan, Relieving Principal

P & C Meeting Tonight

Hi everyone. Just a reminder that the first P & C meeting of the year will be held tonight at 7pm in the school library. We’d like to encourage all parents and carers to come along and share your ideas, become more informed on what’s happening in the school, and perhaps lend us some inspiration or support with our fundraising activities for the year. Everyone is welcome and biscuits will be provided! We look forward to seeing you there.

RESILIENCE

Our whole school focus on Resilience continues. Students have been involved in lessons from the “Resilient Kids” program which focuses on the key concept of “Encountering Disappointment: Thinking and Acting Positively.”

In his book “The Optimistic Child” (1995) Martin Seligman states that there has been an emphasis on “how the child feels at the expense of what the child does – mastery, persistence, overcoming frustration and boredom, and meeting challenge. When we impulsively protect our children from failure, we deprive them of learning mastery skills.”

These rules of thumb are given for caregivers:
1. Don’t solve every problem for your child.
2. Don’t be overly critical of the child’s attempts to problem solve.
3. Model a flexible problem solving strategy yourself.

Diary Dates

February

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tues 11</td>
<td>Swimming Carnival Yr 2-6</td>
</tr>
<tr>
<td>Thur 13</td>
<td>Leadership Induction Assembly</td>
</tr>
<tr>
<td>Thur 20</td>
<td>Whole School Assembly</td>
</tr>
<tr>
<td>Wed 26</td>
<td>Parent Teacher meetings</td>
</tr>
</tbody>
</table>

March

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sun/Mon 2 &amp; 3</td>
<td>Brisbane Leadership excursion</td>
</tr>
<tr>
<td>Thur 20</td>
<td>Whole School Assembly</td>
</tr>
</tbody>
</table>

April

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Friday 11</td>
<td>Last day of Term 1</td>
</tr>
</tbody>
</table>
**Student Raffle**

Members of the student leadership team have organised a raffle to raise funds to support the participation of fellow students to attend the upcoming Brisbane Leadership conference. 13 students from Bellingen Public School will travel to Brisbane with Mrs Mulligan and 25 students from the Bellinger Dorrigo Learning Community.

The students (with the assistance of Mrs Mulligan) have sourced great prizes from very generous local businesses. Tickets will be sold by the leadership team every day this week at recess and lunch time for 50c per ticket.

**Prizes include:**

- $30 Roots record shop voucher
- $10 lolly shop voucher
- Gelato Bar voucher and more

Please support our leaders who have shown great initiative in organising this and helping their fellow students.

---

**Canteen News**

Although I have already welcomed everyone to the start of the school year, I did this from a position where the canteen was not fully operational. I can now gladly inform everyone that the final touches have been completed and that the canteen is fully operational. Thus, I can now extend this welcome from the canteen that is ready to satisfy the nutritional desires of the studious little darlings that inhabit this school.

Those families new to the school may not know about the canteen’s Weekly Special. This is a special menu item that changes weekly, thus the name. Be assured, more thought will go into choosing these specials than went into naming it. The imaginatively named Weekly Special is available on Thursdays and Fridays and comes at a cost to you, of $3.50 or $5.00 with any drink. These specials are usually prepared in the canteen, using locally sourced ingredients.

This week the special will be Muttar Paneer. For those not au fait with the nuances of Indian cuisine, this is a leguminous vegetable prepared in the canteen, using locally sourced ingredients.

Feeding your children to a better education,

Eddy Vardabasso, Canteen Supervisor

---

**School Banking**

School Banking will start tomorrow. Don’t forget to bring your deposit book to school. Remember to change your class details on the front of the wallet.

---

**Piano with Daniel**

Welcome back to a fabulous 2014. I’m looking forward to a year of joyous piano teaching. I will resume piano tuition from February 17, 2014 holding half hour classes in the new music room on Mondays, Tuesdays and Wednesdays. Please ask the office for a form and I will only be too happy to organise a day and time to teach your child.

Cheers Daniel.

---

**Music News**

Drumming up business!!!!

My name is Phil Simon and I have been playing drums as a part-time hobby since I was 12. I have experience in bush bands, jazz bands, blues bands and rock bands, as well as being a reasonable exponent of many percussion instruments and hand drums; for example the Middle Eastern darabouka and African djembe. I performed at the 2013 Bellinger Jazz & Blues Festival with a blues band Tin Sandwich and previously drummed for a rhythm and blues/rock band called Kryptic. I also sang (mostly backing vocals!) in both bands and currently sing in a small 10 piece a cappella choir called StellaBella.

I have been teaching drums at John Paul College in Coffs Harbour for the past 9 years and will continue again in 2014. As well as starting new drummers on the basics of rhythm and stick technique my lessons are always aimed at improving the existing ability of each individual student on a one-on-one basis. Humour and fun are key components of my lessons and I endeavour to culminate the year in December with a drummers’ concert with all my students performing for their families and friends. For me - and all the students, I think - the highlight of the year! Regards, Phil Simon

If your child is pestering you about learning the drums, here is the great opportunity.

Please fill in an application form from the office and lessons could commence this week!

Phil has 5 places available for new students.

---

**String News**

String lessons on hold for this week with the swimming carnival and Opera House workshop on Friday.

Keep listening and practising!

---

**News Flash**

Beautiful piano arriving this week for the Music Hub. All keyboard students to benefit.

It comes by generous donation from Bruce and Helen Aikin.

Elizabeth Scott, Music Coordinator
Birthday Cakes

Birthdays are exciting times for everyone. However, if you want to bring a cake or treats to the classroom to celebrate your student’s special day, please notify the teacher a week beforehand. This will enable special arrangements to be made for students with allergies & intolerances.

Uniform Shop News

Our fantastic new Uniform Shop is open Monday and Friday only from 8.40am to 9.30am. Our new hats will be on sale from Monday February 10, 2014.

Why not sew on a button or applique something on the outside of your child’s hat. This will make the hat easily identifiable to your child.

Book Club

Book club No 1 due this Wednesday, February 12.

Get involved in the School Banking program.

You can get involved in the School Banking program by opening a Commonwealth Bank Youthsaver account at any Commonwealth Bank branch, over the phone on 13 2221 or via NetBank if you are an existing customer with NetBank access.

Remember to take in identification for you and your child (driver’s license and birth certificate). You will receive a Dollarmites wallet and deposit book that your child will use to participate in the program.

When your child make’s their first deposit at school they will earn their first Dollarmites token and our school will also receive $5 commission. Thank you for supporting our school and helping teach your child the benefits of saving regularly.

Don’t forget school banking in on Tuesday.

Community Notices

Bellingen Public School does not endorse these products or services.

Lost - Scooter

Last Monday a scooter was stolen from the bike gate. The helmet with it was left behind. This is a much loved scooter and the little boy who owns this is very sad that someone has taken his scooter. If anyone has seen it please contact the school.

Small scooter with green forks, black head set and silver bars with a purple head clamp. The deck is a Razor deck with leopard print grip tape. The front wheel is orange with a black inner circle and the back wheel is white on the other rim and black in the centre with raindrops on the metal. Contact the office if you have information.

FLAMENCO AND SPANISH DANCE

COFFS HARBOUR  NAMBUCCA HEADS  BELLINGEN

Children 7-12yrs Adults 13+ Mature age

Ninos enrolling now - special intro offer

Bookings essential contact Ellen 0421 847 817 tralalarubia@gmail.com

KIDS ART CLASSES

Clay Sculpture, Drawing, Painting, Printmaking and more!

At Bellingen Public School Art Shed

Every Monday, 3:30pm – 5:00pm; bookings essential.

Book now for Term 1, 2014 : beginning Monday 10th Feb. 9 classes for $120.00 ; includes all materials and firings.

Contact Kathy [B.Ed.(Art),Dip.Sculpture] on 0488 992 180

Rivers Ballet Studio Bellingen

Still taking enrolments for 2014!

Beginner to Advanced levels

Jazz  Contemporary Hip Hop  BOYS Hip Hop Crew

Time Table on our website: www.riversballetstudio.com

0421 812 885/0429 229 026

Enjoy a day by the Kalang River with riverside landholders

Join three local landholders and Bellingen Shire Council for a free field trip on Saturday 15 February 9:30am-1:30pm.

Visit properties on the Kalang River, see river care projects in action and swim in a beautiful waterhole.

Meet in Maam Gaduying Park in front of the Council Administration building in Hyde Street, Bellingen.

Bus will depart at 9:30am sharp. Please bring your own lunch. Bookings are essential. Phone 6655 7349.

For more information go to

Acoustic Guitar Lessons

for beginners 8 yrs.old - adult

MOBILE SERVICE after school; Mon. Bellingen,

Wed. Urunga (10km radius of towns)

Learn to Read Music, Rhythm Guitar and Note playing

Lessons: Half hour - $30 (All lesson material included)

Phone Steve Pepper on 0403 066 636
Physical Culture is a sport that combines aspects of ballet and dance plus choreographed exercises at an affordable price. Throw in a sparkling leotard and a pair of ballet shoes and you have the very glamorous sport of EP Physical Culture which is taught at Urunga Senior Citizen hall commencing Monday 17th February. Meet new friends; experience the joy of team spirit, increased core strength, rhythm and co-ordination in a warm and nurturing environment. For more information please call Sue on 0421934525  www.ephsyl.com.au

BELLINGEN FOOTBALL CLUB
SOCCER REGISTRATION FOR 2014
Pre-register on line at
www.myfootballclub.com.au
You can choose to pay on line, or you can pay
(cash or cheque) at one of below registration
days.
Saturday 15/02/2013 at Connell Park,
Bellingen
Time:   10:00 am to 12:00 am
Wednesday 19/02/2013 at Bellingen Gelato
Bar
Time:  4:00 pm to 6:00 pm

BELLINGEN GREEN GROCERS
Cnr Hyde & Church Sts | Open 7 days
BACK TO SCHOOL, BACK TO
BELLOFOODBOX
Are you a busy family?
Do you care about fresh, healthy food for your
kids?
Want to save up to 25% on our retail prices?
Order a $20, $30 or $50 BELLOFOODBOX
today!
• Our selection of all-local, fresh, seasonal
fruit, vegetables and herbs packed for you
every Monday.
• Collect from Bellingen Greengrocers on
Monday from 3:00pm.
• Delivery available to Dorrigo, Urunga,
Coffs Coast region, Valla, and fortnightly to
Bowraville.
See our website for details
www.bellingengreengrocers.com.au

Resilience Poster by James Hooper, 5/6S